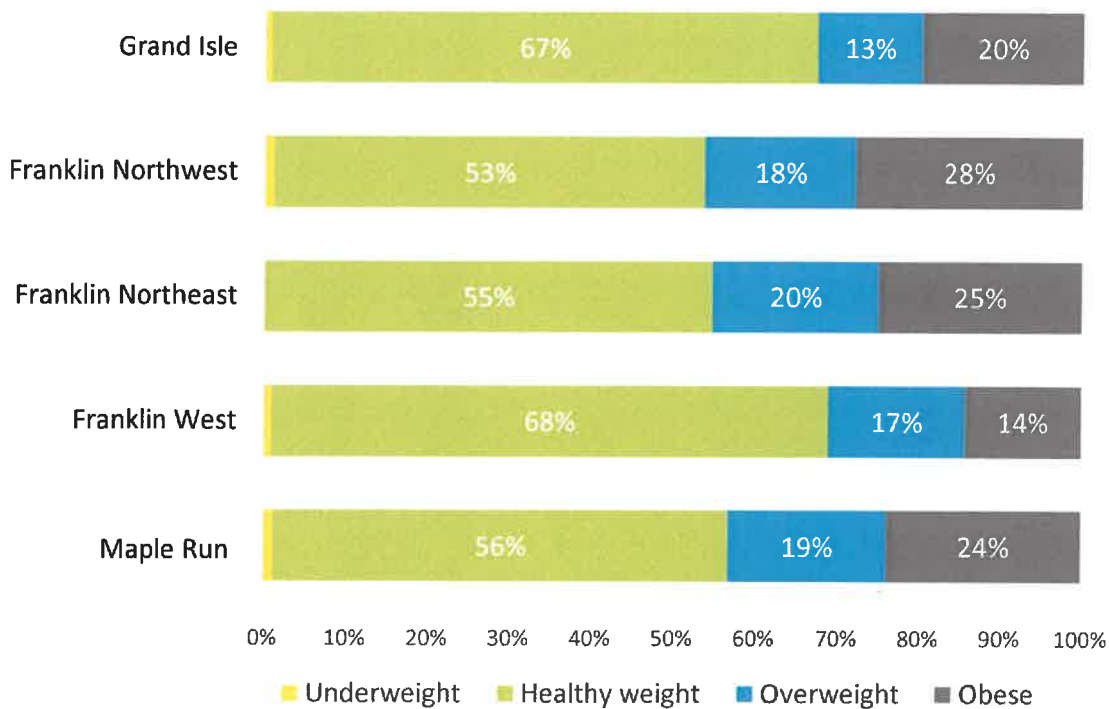


Results from the Measurement Study

In September schools throughout Franklin and Grand Isle Counties partnered with RiseVT to measure height and weight in schoolchildren. RiseVT staff measured 1,742 students in grades 1, 3, and 5. Both children and their parents had the opportunity to opt out of measurement for any reason. We used pediatric growth charts and guidelines from the Centers for Disease Control and Prevention* to define underweight, healthy weight, overweight, and obese. The chart below summarizes the results of the Measurement Study by Supervisory Union.

BMI Categories For Students In 1st, 3rd, and 5th Grade By Supervisory Union



Measuring growth in children can help identify early opportunities for support and intervention. Understanding local trends around childhood overweight and obesity is one way to measure progress toward community health improvement. RiseVT will continue to partner with schools to strengthen school wellness policies, encourage movement during the school day, and promote access to nutritious food for children and families. Thank you to the teachers, school nurses, school administrators, and families for allowing us to do the Measurement Study.

**The CDC defines childhood overweight as BMI between the 85th and 95th percentile. CDC defines childhood obesity as BMI at or above the 95th.*